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POSSIBILITIES OPEN UP!

The purpose of this book is to help you open your life's possibilities through understanding and working with your chakra system. The chapters that follow will explain what the chakras are, how the chakras affect your life, and how to work with the chakra system to clear away lifetimes of blockages that limit your life's possibilities.

Presently, when you think of what you desire, you focus and begin to create from a process that utilizes clogged chakras that limit your creative choices. Before your mind has a chance to analyze, or the subconscious has a chance to decide, the chakra system has already eliminated thousands of possibilities for you. You may think your desires to be impossible because past experience has said they are impossible, they have not worked, or they have not happened before. Consequently, your desires do not even become a possibility for you to consider or make a decision upon.

When your chakras are clear, they no longer block your creativity. What you once considered to be impossible becomes probable. You are not as bound by past experiences, or as afraid to pursue opportunities and the things you desire to do in your life. You are no longer limited by the fear within the chakras. Therefore, you begin to feel lighter and think in terms of possibilities being realities where before they were impossibilities or only vague possibilities. Your life opens up, and you discover there are more possibilities to consider and choose from in your life. You begin to see the expansiveness of life because you do not perceive experiences from a narrow, focused point of view. You expand and connect in a more powerful way with the higher portions of yourself, and you begin to see and perceive beauty in every moment of your life.

All of these things can be an expansion that takes place within you, but you have to decide if you want to live and create in a much larger playing field from what you have been living in for many lifetimes. Do you really want to take responsibility for your creative power? Do you really want to come from the essence of being unlimited?

Understanding, and working with your chakras can be a powerful, and rewarding endeavor that can expand your awareness and open the possibilities in your life.

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HOW THE CHAKRA SYSTEM AFFECTS YOUR LIFE

Within your vibrational pattern the bodies serve one function and the chakras serve another. The chakras are connected to each other and to the other parts of your vibrational pattern: the physical body, emotional body, and mental body. Therefore, the chakra system does not stand alone nor is it isolated within the vibrational pattern.

Every thought you have is stored somewhere in your vibrational pattern whether in the emotional, mental, or physical body. Every time you have a thought, it alters you. Each thought alters the vibrational pattern you have created as your soul journeys on the planet at this moment. All of those idle thoughts you do not stop to consider or are unaware of, are continually changing you!

Just as the emotional and mental bodies are not normally seen, even though there is no doubt emotions and mental activity are parts of everyone's life, so, too, the chakra system is not normally seen but continually affects your life. Every thought, experience, and action you have feed somewhere into this system of chakras. Everything you touch, see, sense, or feel flows into and are stored within these seven energy centers. No matter what else is in your vibrational pattern, everything flows in or out of these energy centers and is affected by the seven major chakras.

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WORKING WITH THE CHAKRA SYSTEM

How can you tune in and become aware of your inner source sustaining your existence, so you can move into the power that you are? How can you do that when your vibrational pattern is restricted by the perceptions of all of your experiences within the physical?

It can be a difficult task if you are unaware of the obstacles in your way. You read, you think, and work very hard attempting to move into your Divinity. But the path to Divinity is not through

the understanding of your analytical mind rather it is a matter of listening to yourself, trusting in yourself, and knowing you are safe as you begin to change your vibrational field. Clearing the chakras is an important step in being able to center yourself in the power that you are. This will aid you in recognizing your unlimited being-ness and the possibilities of your creative existence.

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THE SURVIVAL CHAKRA

As your ego system developed, you adapted the chakras to hold the vibrations of your experiences. This was necessary so there could be a continuity of experience within linear time, but the chakras were never intended to hold limitation. As you began to fear your existence within the physical, the chakras began to clog, and the first place this became evident was in your base or survival chakra.

The base or survival chakra is located at the base of the spine and contains every vibration that has ever threatened your survival on the planet during any lifetime. If you ever felt physical existence was not safe for you to exist, then all of the perceptions of those experiences over all of your lifetimes are stored in the survival or base chakra. Every experience that has ever threatened your physical existence or harmed you in any way, whether that was just stubbing your toe, having a tragic accident, or someone taking your life, the perception of fear of those experiences are stored in the survival chakra. At times you are afraid of being physical and wish to escape physical, but you are also afraid of not being physical as well. As long as you fear for your existence in any way, the survival chakra is restricted.

Clearing the perceptions from the survival chakra will allow you to relate to the trees, flowers, animals, and the person who irritates you from a different perspective. To those people who you did not understand because you were afraid of them, you will open and see a beauty you missed before. You will feel more at peace about being physical. Thoughts of escaping the physical will diminish, and you will enjoy your physical existence more. You will discover a whole, new world!

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THE EMOTIONAL CHAKRA

The emotional chakra is located between love (your heart chakra) and creativity (the sexual/creativity chakra) in your solar plexus. This chakra is one of the most powerful energy centers dealing with your ego and the lower three chakras, for the emotions affect the mind, your physical body, and for brief moments can even override the spiritual essence.

All of the emotions are in the emotional body. The emotional body has the knowledge of how the emotions can be activated to keep you safe from the ego perspective. You can think of the emotional body as the storehouse for the emotions being able to pull out frustration or anger whenever the emotion is triggered.

Within the chakra system, the emotional chakra will process an experience before the other chakras. Whatever you are experiencing, whether you are frightened or in love, you will first experience it through the emotional chakra. The experience will impact the emotional body, flow into the emotional chakra, then distribute either up and/or down into the other chakras. The perception of your emotions reacting to what is taking place thus determines the affect on the other portions of your vibrational pattern.

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THE HEART CHAKRA

At the seat or at the very “heart” of your vibrational pattern is the heart chakra. It is located in the area of the heart aligned along the spine. If you listen to your heart, you can move into your soul’s awareness, for the soul connects to your vibrational pattern through the heart chakra. Therefore, listening to your heart chakra is the same as listening to your soul.

All of the other energy centers and cellular existence communicates with the heart chakra. The

heart chakra aligns the other chakras becoming a base of control for the chakra system. As you center your intent on becoming All-That-Is, you are indeed clearing and aligning the heart chakra. The energy or vibrations within this chakra holds together the reality of your existence on the planet, for if it did not, you would not exist.

Energies of the lower three chakras and of the upper three chakras connect through the heart chakra. The basis of your physical existence (the lower three chakras) connects with your spiritual essence (the upper three chakras) in the center of Love within the heart chakra. While you may have an experience that creates a fear perception in your survival chakra, the third-eye chakra may give an insight bringing balance or peace to the fear through the heart chakra. The chakras are an integrated system whereby your perceptions do not flow into just one chakra, but some portion of the perception will touch into many of the chakras.

Love is All-That-Is, and the heart chakra is the connection between physical and spiritual allowing the two to manifest. It is impossible to exist outside of Love, for Love is the reality; Love sustains life, and the heart chakra is the center of Love.

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THE THROAT CHAKRA

Experience is connected with the lower three chakras and everything you have chosen to manifest and place in linear time. How you relate through the perception of those manifestations dictates what your experience will be. All of the information, feelings, and emotions from these experiences are stored and available for making decisions.

The true power of the throat chakra lies in expression and has nothing to do with experience; yet the wonderful, latent ability of this chakra has been used to create from experience. As you choose to create from the analytical mind, the data from all of your perceptions of your manifestations come through the power of the throat chakra dominating your creative process. Thus the throat chakra has become like a tightly clogged drain letting only drips of expression through rather than flowing.

The throat chakra is your center for bringing forth your expression into the third-dimensional world. The power pack behind the expression of your creative force in the world is your will. Your will is connected and centered within your Divinity—that being your soul to your Spirit and therefore your will is always in alignment with your highest and best journey in this world.



THE CROWN CHAKRA

The seventh chakra, or the spiritual, crown chakra, is an energy center not quite like any of the other energy centers, for there is not an energy center for your spirituality. How could there be? Everything you are is spiritual. Spirituality is certainly not confined or limited to one small place, but you focus the energy or vibration of spirituality into this particular spot within your vibrational pattern. This is the place where you allow the connection with the higher part of yourself, the angels, the Love of the universe, and the higher power you perceive to be Divinity. You needed a place to bring this power into your vibrational pattern and the crown chakra serves that purpose, but it functions more like a gateway than an energy center.

For the moment, remove your concepts and judgment of what is spiritual. Spiritual is All-That-Is, and it is through this spiritual gateway you connect by intent, desire and choice to what is. But your response to what you have connected to, through the spiritual chakra, is determined by the perceptions of your experiences.

The purpose of working with the spiritual chakra is not to change the energy pattern or essence of what is but to clear away the debris and blockages keeping you from being consciously aware of the spiritual connection you have with all life.

You are an unlimited, spiritual being with a part of your existence focused in a physical, third-dimensional expression. Physical existence can be beautiful, wonderful, and harmonious. Living in peace, joy, and abundance can be yours. There is not a need for lack, but you have to be comfortable with abundance. You have not been accustomed to abundance as a way of life. Self-inflicted lack, pain, and punishment with brief moments of rewards squeezed in between is what you are used to, but consistent abundance in every area is a brand-new way of life. Yet, the spiritual energy from the spiritual chakra empowers abundance, freeing it, bringing to you beauty, Love, joy, and fulfillment.

The spiritual chakra is not magical, but it is a gateway to All-That-Is. Paying attention to what you bring forth and amplify within you is a beautiful tool to let you know if you are healing your fears and lighting your life no matter what road you travel or what comes your way.

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